

**Scriptural Support: Proverbs. 1:7, 3, Psalm 1, 37:1-11, 119:9-11, Romans 12:1-8, Ephesians 2:10, 4:11-16, 5:15-17, James 1:2-18**

## **Your Sweet Spot**

Passion. It drives us, connects with us. It stirs the life in our souls and compels us to reach for more than just the mundane. Passion ignites the best within us and powers our lives with compelling emotion. You know when you see it in another person and you know when it is lacking. To be passionate about something in life, anything in life, is to be alive.

Without it, days are boring and not exactly worth getting out of bed.

God wired you a specific way and gifted you with strengths and abilities only you have. He's also placed in you certain passions and powerful convictions that seem to drive you. When you live and work within these convictions, God releases your potential for good into the world.

When stepping into ministry, it's important to know what you are passionate about. Unfortunately, many youth ministry volunteers are placed into roles based on needs: a small group leader, a worship leader, a mentor. But what if you were placed according to your passion?

If you are placed within ministry according to your passions and your desires, you'll be serving within your *Sweet Spot*. This interactive survey will give you a focused gaze into your heart, tell you what you're passionate about, where you'd love to serve, and even the students with whom you'd love to build relationships. Using this book will also help your youth pastor; he or she longs for you to impact students in huge ways. Your passion for students is clear based on your desire to serve, but where will you lead them? By unveiling your passions, your influence will grow and you'll fill your *Sweet Spot*.

## **Passions**

On the following pages you will find a list of 100 different things a person could be deeply passionate about in life. They range from world issues to hobbies, for each individual person has their own way of looking at the world. It's important to note the rating scale under each individual example. As you read each example, fill in the corresponding bubble based on your gut reaction. While you may thoroughly enjoy watching sports, a deep passion for the game may not well up inside of you. At the same time, you may wish for the end of abortion or war, yet these desires do not take form in your life on a regular basis. The things you are deeply passionate about are the things that manifest themselves in your day-to-day life or at least consume your thoughts. And while this list is not exhaustive, it is complete. However, if you know of an area of passion in your life that is not represented here, at the end of the list there are five blank spots to write in your own idea if you so choose.

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Activity	Not Interested 1	Interested 2	Engaging 3	Somewhat Passionate 4	Highly Passionate 5
Administration					
Adult/College Ministry					
Agriculture/Farming					
Alcohol Abuse Prevention/Recovery					
Antiques & Collectibles					
Architecture					
Art					
Automobiles					
Board Games					
Business					
Camping					
Caring for Refugees					
Caring for the Elderly					
Carpentry					
Children's Ministry					
Clean Water					
Comics					
Computer Technology					
Cooking/Food					
Counseling Others					
Activity	Not Interested 1	Interested 2	Engaging 3	Somewhat Passionate 4	Highly Passionate 5
Craft Making					
Current Events					
Dance					
Depression Counseling/Recovery					
Different Cultures					
Discipleship					
Drug Abuse Prevention/Recovery					
Education					
Encouraging Others					
Ending Abuse					
Engineering					
Evangelism/Outreach					
Family					
Fashion					
Fighting Diseases					
Finance					
Food & Hunger Issues					
Fostering Relationships					
Gangs/Inner City Violence Prevention/Reconciliation					

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Activity	Not Interested 1	Interested 2	Engaging 3	Somewhat Passionate 4	Highly Passionate 5
Giving					
Health & Fitness					
Health Care					
History					
Home & Gardening					
Homelessness Awareness					
Hospitality					
Human Rights					
Hunting & Fishing					
Hurting Teens					
Impact of War					
Inequality Issues					
Interior Design					
Journalism					
Languages					
Law/Political Science					
Leadership					
Listening to Music					
Literature					
Management					
Mathematics					
Activity	Not Interested 1	Interested 2	Engaging 3	Somewhat Passionate 4	Highly Passionate 5
Meditation					
Mentoring					
Missions					
Movies & Film					
People Enslaved/Trafficked					
People with Disabilities					
Pets					
Philosophy					
Photography					
Playing Music					
Politics					
Poverty					
Prayer					
Pro-Life Issues					
Protecting the Environment					
Public Speaking					
Reading					
Rehabilitation Work					
Sciences					
Self-Discovery					
Service					

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Activity	Not Interested 1	Interested 2	Engaging 3	Somewhat Passionate 4	Highly Passionate 5
Sewing/Knitting					
Small Groups					
Social Services					
Spending Time in the Outdoors					
Sports					
Student Leadership					
Studying the Bible					
Teaching Others					
Teen Pregnancy Issues					
Television					
Theater					
Theology					
Training Animals					
Travel					
Video Games					
Wildlife					
Worship					
Writing					
Youth Ministry					
Create Your Own:					
Create Your Own:					
Create Your Own:					
Create Your Own:					
Create Your Own:					

Now that you've gone through the list, select your three highest rated passions and use the lines below to explain in your own words why these things are important to you and how these passions play out in your life.

1.

2.

3.

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# LeaderTreks

## Mission Blueprint

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### **Step 1- Identify your burden**

1. What causes or issues do you care most about?
2. If you have free time to volunteer to a charity, where would you volunteer?
3. When you read the newspaper or watch the news on TV, what news stories most catch your attention?
4. Define your burden specifically by describing who you are burdened by, what about them burdens you, and what you would want to see done about the problem.

### **Step 2 – Name your passion**

1. What are 1-3 activities that you would do to the exclusion of almost anything else?
2. When are you are happiest and feeling most fulfilled, what do you find yourself doing?
3. What activities could you do forever? What never gets old for you?
4. Make a list of things that you are most passionate about.

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### **Step 3 – Uncover your vision**

1. What things are most important for you to accomplish in life?
2. What specific roles can you play in God's kingdom?
3. What might be your niche?
4. Write out your vision as specifically as you can.

### **Step 4 – Create a mission statement**

1. Read over your answers to the first three steps. Note any common themes.
2. Write out a statement that encompasses all three steps. Don't worry about length at first.
3. Now, try to shorten your statement to something memorable and concise. This will be your mission statement.

### **Application**

1. What is one thing that you can do differently tomorrow that will allow you to more fully live out your mission?
2. How can you bring more of a sense of purpose to your ministry this week?
3. What can you do to stay true to your mission in the future?