

RESOURCES

All resources are Christ-centered.

Day Seven Ministries • www.dayseven.net • 866.301.3297

Counseling services, mentoring, and support groups with locations in Harrisburg and Lancaster.

National Coalition for the Protection of Children & Families • www.nationalcoalition.org • 800.583.2964

Helpline, counseling services, and tons of information, resources, articles, and links.

Pure Life Ministries • www.purelifeministries.org • 888.PURE.LIFE

At home 12 week programs, live-in programs, helpline. Resources for men, women, and teens dealing with sexual sin as well as resources for spouses of those dealing with sexual sin.

Setting Captives Free • www.settingcaptivesfree.com

Resources for a variety of issues including sexual purity, substance abuse, food addictions and more. Free online interactive courses.

L.I.F.E. Ministries • www.freedomeveryday.org • 866.408.5433

Sexual addiction recovery ministry for men, women, teens, and spouses. Support group listings.

Wife Boat • www.wifeboat.com

Blog site for wives of men with sexual sin. Authored by Renee Dallas and contains stories, advice, and resources for wives.

Home Word • www.homeword.com • 800.397.9725

Ministry for Encouraging parents and building families.

X3 Church • www.xxxchurch.com • **X3 Watch** • www.x3watch.com • 702.974.1690

X3 Church: A Christian anti-pornography ministry that aims to help those who struggle with pornography. This site is hip, relevant, irreverent, honest, and fun. Full of great resources. *X3 Watch*: Online accountability and filtering software. Offers web blocking, reports sent to chosen friends for accountability, time limits, alerts and more. Highly recommended.

Integrity Online • www.integrity.com

Hailed as “America’s oldest and most reliable Internet filtering company”. Programs for families, businesses, churches, and educational facilities.

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BOOKS

- “Healing the Wounds of Sexual Addiction”** by Dr. Mark Laaser ISBN 0310256577
A former sex addict himself, Dr. Laaser offers help and hope for regaining and maintaining sexual integrity, self-control, and wholesome, biblical sexuality.
- “Breaking Free: Understanding Sexual Addiction & the Healing Power of Jesus”** by Russell Willingham ISBN 0830817913
Gives an honest examination of sexual addiction and shows how Jesus offers forgiveness and healing. Includes real-life stories of individuals who struggle and twelve practical steps for recovery and accountability. Deals honestly with pornography, fantasies, masturbation, adultery, prostitution, molestation, abuse and more. Willingham speaks on such issues as what all addicts have in common, the hunt of the malnourished heart, where to find the courage to face the dark side, wrestling with shame and grace, and the healing effect of radical honesty.
- “Hope After Betrayal: Healing When Sexual Addiction Invades Your Marriage”** by Meg Wilson ISBN 0825439353
With honesty and hopefulness, Meg uses her own story, along with other examples and Scripture, to help women cope and find their way out of the darkness of their husband’s sexual compulsion.
- “The Game Plan: The Men's 30-Day Strategy for Attaining Sexual Integrity”** by Joe Dallas ISBN 0849906334
Using the acronym ROUTE-Repentance, Order, Understanding, Training, and Endurance-Dallas walks readers through the steps necessary to attain-and maintain-sexual integrity.
- “Think Before You Look: 40 Powerful Reasons to Avoid Pornography”** by Daniel Henderson ISBN 0899571646
Written for men, the author explains what changes take place once a man becomes addicted and how it can change his relationship with and even destroy his family. He covers the excuses and justifications men use, and he combats them with 40 truths that equip men to avoid pornography.

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